

Supplies:

- A rubber anti-fatigue mat with holes in it, cut to the size of your choice (A good size is 12"x12"). You can find mats at your local hardware store.
- Sharp scissors (get parents to help kids!)
- One yard of fleece fabric (We recommend using at least two different colors.)

Instructions to DIY a snuffle mat for dogs, cats or kittens:

1. Cut the fleece into seven-inch strips. You'll need at least as many strips as there are holes in your mat.
2. Choose one color of fleece strips.
3. Double knot the strips along the entire edge of your mat. Loop the strips through each hole, filling in the inside of the mat.
4. Choose the second color of fleece strips and flip the mat over.
5. Double knot the strips in the opposite direction of your first color strips. We pushed all the fleece through the holes and then flipped the mat back over to double knot the loose ends. This saves time so that you're not flipping the mat constantly.
6. Hide dry food or favorite treats in the snuffle mat and let them forage!

Here's a video too:

<https://www.youtube.com/watch?v=nTkWG01vNu0&t=46s>